

The return of loved one from overseas deployment can be often be nearly as jarring for the family of soldier as it is for the soldier. Fortunately, there are many federal, state and non-profit organizations that can assist the family of soldier or veteran, whether during deployment or after they have returned home.

Family Members

The stress of having a loved one deployed can be overwhelming, but there are a number of organizations devoted to making this experience easier for everyone involved.

[Military Homefront](#) – The DOD’s official site for Military Community and Family Policy program information.

[National Military Families Association](#)

[Gold Star Wives](#)

[Gold Star Mothers](#)

[Milspouse.com](#)

[Military Spouse Support Network](#)

[Military Spouse Career Center](#)

[Military Spouse Day](#)

[Army Wives](#)

[Navy Wives](#)

[Marine Corps Wives](#)

[Air Force Wives](#)

Caregivers

It has been a struggle to get the VA to recognize the financial, emotional and quality of life sacrifices that many caregivers of elderly or severely disabled veterans face. Stress, inability to work full-time and the costs of adaptive housing are just some of the challenges that can face those who courageously devote their life to caring for a veteran.

In April, 2010, Congress took action to make the lives of disabled veterans and caregivers a little bit easier by passing comprehensive legislation that will allow caregivers to receive compensation from the VA for the first time. The Caregivers and Veterans Omnibus Health Services Act of 2010 will offer caregivers mental health services, respite care, medical care and a monthly personal caregiver stipend.

To find out if you are eligible for these benefits, you can contact a [veterans service officer](#) for more information.

When a veteran passes

It is also important for the family and caregivers of a veteran to know about their options when a veteran passes away. Here are several resources that detail benefits that are available to families and spouses of deceased veterans.

[VA Survivor Benefits](#)

[VA Cemetery Services](#)

[VA Burial Benefits](#)

[The New York Vietnam Veterans of America Planning Guide for the Surviving Family](#)

[Military.com Military Memorials and Burial Benefits Explained](#)